

CAREER COUNSELLING



Jane Keresztes

ABOUT MY BUSINESS...

- Identification of a "best fit career" to instil the confidence to initiate your own career development strategy
- Occupational research to evaluate career aspirations
- One-on-one coaching with the flexibility of individualized action plans
- Target employment opportunities to match skills, talents and interests to balance life and career goals

Your career is the greatest investment you can make in yourself! Whether you are a high school student exploring post-secondary education options, or an adult embarking on a new career path, seeking the advice of an impartial professional can prove invaluable.

With an extensive background in education and career development, Jane Keresztes, Principal of Crossroads Career and Education Counselling, provides important advice, insight and direction to those exploring their career options. Using a Type-Focused Personality assessment, Jane consults one-on-one with clients to highlight the sectors and available labour markets that best suit their persona. "The assessment is simply a tool," Jane explains. "By looking at personality traits, it can help determine a well-suited career sector where further exploration and research is warranted to provide a secure future in an ever changing market place."

This outside perspective is especially helpful for secondary students – and their parents – who are often overwhelmed with options in the final years of high school. Jane assists students to determine their strengths, interests, values and abilities and stresses dedication and hard work to gain admission into a highly competitive post secondary market.

As a Practicum Instructor for the part-time Career Practitioner Development class at SFU, and a facilitator of Personality Dimension Workshops for SFU Continuing Education, Jane has years of experience working with a variety of personalities and skill levels to help explore and establish their career paths. Continuing Education and Training as well as the most current certification remain a focus for Jane and a means to provide the best possible service to clients of all ages.

"Everything has turned out so well. I'd like to really thank you again for your part in all this. Your encouragement and direction has set me on a path where I am extremely happy! When I was thinking of my career change I never even thought of this line of work. (You could say I was at a Crossroads!)"

– Adult male, 2011

To discover how Jane can help when you find yourself at a crossroads, visit www.crossroadssurrey.com

CROSSROADS
Career & Education Counselling



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